

The Quill



The Quill, March, 2018

Vol. 25, No. 4

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Facing \$5.8 Million Budget Deficit, Centenary Cuts takes belt-tightening action, seeks new revenue sources

By Kathleen Bird

Centenary University's president, David P. Haney, arrived on the bucolic Hackettstown campus last year to an unpleasant surprise and challenge: a \$5.8 million annual budget deficit for fiscal 2017.

Knowing that bold action was needed to stem the tide of red ink, Haney and his team have reduced administration staffing by about 40 positions and are implementing other cost-saving measures. They also are aggressively seeking new revenue sources including federal and other grants, major gifts, and alumni contributions.

"My goal is to have \$3 million annually in permanent cuts," Haney said recently.

The overall budget is approximately \$39 million annually, with the fiscal year running from July 1 through June 30, according to Denton Stargel, vice president for Business and Finance.

Administration positions were "targeted in areas that had too many staff," said Stargel.

"We should be able to do with fewer people," Haney said.

There were several reasons for the shocking shortfall, according to the president and Stargel.

Stargel started in his position on Sept. 5 when a "\$40,000 surplus was projected for this year." There were human errors,

double-counting of revenue, undercounting of revenue, and under-budgeting in some areas.

"They were human errors," Haney conceded, as well as a staff "not communicating with other offices.

One of the major organizational problems as a university is (not) communicating" effectively, agreed Haney, Stargel and Virginia Galdieri, director of Human Resources. They are working on changing the culture so that administration offices across the campus communicate more effectively with each other and understand what Galdieri calls "the full life cycle" of revenue.

In addition, the 150-year-old institution is undergoing an extensive review of its academic programs, majors, courses and faculty staffing levels. Headed by Amy D'Olivo, vice president for Academic Affairs, an administration team assisted by outside consultants is examining the school's traditional strong liberal arts tradition and how to "tweak" it for the future, said Haney.

Confronted with a sea of red ink, Haney and his team decided to focus on the university's core mission of educating students and providing student services. Administrative positions became the target for the belt-tightening measures.

"I'm not going to go around firing tenured faculty," said Haney.

Ten positions were cut in Information Technology, prompting a ripple of complaints when the Help Desk personnel were let go, and computer services were outsourced to a vendor. Five people on the Taylor Memorial Library staff were terminated, as well, sending shock waves reverberating around the campus.

Overall, the university of 260 employees is down to about 220, according to Galdieri. After the cuts in salaries and benefits and \$1.1 million paid out in short-term costs and severance packages given to some, the long-term savings is projected at \$3 million a year.

"In June, 2017, Centenary University eliminated 29 positions throughout the institution. Some areas affected were Academic Affairs, Admissions, Finance, Library, and Facilities. Of the 29 positions, 24 directly affected staff and five positions were eliminated through attrition," Galdieri said in an email. "In September, 2017, the institution decided to outsource our IT department and 10 positions were eliminated and 10 employees were directly affected. In November of 2017, we decided to eliminate one additional position in IT that wasn't eliminated previously and one additional employee was affected. As of today, we have not refilled any positions that were eliminated. We do anticipate refilling a small number of



University president David P. Haney Photo courtesy of Centenary PR office.

positions," she added.

Centenary University is a private college that relies heavily on tuition, Haney said in an email, "We are working hard to admit 370 new students for fall 2018, up from the 332 we admitted in fall 2017. Facilities is investigating green initiatives that will cut our energy costs, which are higher than they should be. Other than this, I don't see a lot of opportunities for more cuts, though we continue to look for efficiencies."

With the cuts having been made and efforts to introduce efficiencies having been implemented, Haney said, "Now we have to fix our problem with revenue."

To that end, Centenary has hired Tracey Thompson, vice president for University Advancement and Faith Linsky, director of Development and Alumni and Parent Relations, to seek major gifts and alumni contributions, grants, and build

partnerships with corporations and others.

As part of the academic program review, Haney said, a lot of the focus is on areas where, he said, "I think we have ... not enough full-time faculty" and "what are the stronger programs."

This includes a systematic examination of what the external and internal demands are, workforce data, "hot" employment areas now and in the future, program quality, and liberal arts and career preparation.

Haney cited several examples, including the importance of digital forensics in Criminal Justice, cybersecurity, serving working people through courses offered by the School of Professional Studies in Parsippany, partnerships with academic and other institutions, collaboration with Hackettstown Medical Center, which is now part of Atlantic Health System, health education, tourism and sustainable agriculture.

Viewpoint!

Now is the time to use time well

Luciana Schwab

This time of year can be extra stressful for a college student. As we near midterm exam territory, there is a pressure to deal with assigned papers and a bigger workload.

Some students are living on campus, while others are commuting. Many college students have separate jobs outside of school, and some have children or families to care for, requiring a lot of time. So, how do you make time for schoolwork?

The answer is not so simple. It is easy in college to get distracted and procrastinate, and many students need to learn by making mistakes. With friends, college events/activities, clubs, sports, jobs on or off-campus, etc., sometimes there is a limited amount of time to devote to academics.

Being overwhelmed with assignments can then lead to loss of sleep, lack of nutrition, poor motivation, and missed assignments or class periods.

These issues do not only affect students' grades, but also their physical and mental health. There are many aspects of life at college, and students need to find a time management method that works for them.

Here is what some Centenarians had to say about themselves:

. Another student said that learning specialists help with time management.

Others said that they have learned not to procrastinate before it catches up to them, having learned it does not positively affect grades or health.

Centenary's Athletic Department requires four hours of study hall per week. Some teams, like the wrestling team offer their own study hall to compensate for the athlete's class or work schedules. Athletes can use this time to complete assignments, study, and check/discuss grades and academic progress.

Some students said they did not learn how not to procrastinate, but felt that things would work out anyway. However, this is not always the result. It is important to find a way to manage time wisely in college.

The majority of students attending college want to further their education to work towards a specific career or goal. To be successful, their work must be completed on time, with effort put into each assignment, even if it is not an exciting one.

Without letting go of social life, extracurricular activities, jobs, and by not sacrificing their health, each individual student must find a way to balance work and play.

There are many resources offered by Centenary to aid in good time management, like the advising center, the writing collaboratory, the tutoring center, and more.

150 years of educating, serving, embracing change

By Kryste McFadden

In 1967 the then Centenary College students celebrated its 100th anniversary, and now, 50 years later, they and other graduates can come back as alumni to celebrate the growth and change that is Centenary University.

In 2018, as the university celebrates its 150 years of existence, Dr. David P. Haney, president, talks about change as being a tradition. That becomes evident when you consider that this academic institution was once a high school, then an all women's college, a co-ed college, and now is a co-ed university conferring graduate degrees.

This celebration represents the rebirth of school spirit after an 1899 fire that burned down the original building of Centenary.

Dr. Haney points with pride to the fact that the town and the university have a good connection. In one instance, Centenary raised about \$2,500 for the town, as a thank you for their involvement and services for the university. Centenary is also involved with NJ Campus Compact, an organization that provides community engagement, prepares students for working as professionals, and helps students develop a better mind-set for entering the work force. It is a national group of college and universities that continually re-examines its purpose and functioning in a democracy, engaged with their communities, with students becoming engaged with the communities around them.

Among its many outreaches, Centenary also has a partnership with Morris County schools to help prepare students for college.

It's a time to celebrate its long history, and note that change and continuity can co-exist. Centenary has always hoped that as alumni, graduates will stay in contact and work with the university to benefit future generations of students.

WNTI
is
looking
for
you!



From John Del Re, Operations Manager of WNTI.ORG-The Internet Voice of Centenary University

With the spring semester in full swing, WNTI is on the hunt for great radio talent among the students, staff, and faculty. If you want to be heard around the world, then WNTI is the place to be. We will teach you the basics of running the studio equipment. We will have you on the air in no time! In addition to on-air talent, the Sound of Centenary is also looking for individuals who want to learn the ins and outs of operating a radio station. This includes production, news, sports, website articles, and more.

Please come to one of WNTI's weekly meetings every Wednesday at 3 p.m. in Lackland 243. If you can't make the meeting, please email our Student Program Director Katie Peters at radioprogram@centenaryuniversity.edu. You can also reach out to Operations Manager John Del Re at delrej@centenaryuniversity.edu. We look forward to seeing you at our next meeting!

Op-ed Page

Editorial

The Quill is the student newspaper of Centenary University, Hackettstown, NJ 07840.

The Quill will publish letters to the editor; however, such letters must not be libelous and must be signed and in good taste. We will refrain from printing your name if you so request.

Address your letters to The Editor, The Quill, Box 1066 or you may email to levd@centenaryuniversity.edu

with your full name at the bottom of the email

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Prof. Debbie Lev

(The Quill also welcomes freelancers among the student body who may contact Prof. Debbie Lev through campus email.)

A common reaction from people when they think of a hamburger? Their mouths water. For others? Their stomachs turn.

Why the extreme difference? Vegan life style, or at least vegetarianism.

The concept of vegetarianism has been around for a while, but recently it seems the lifestyle has taken off. With vegetarian restaurants popping up in popular cities and many documentaries about the meat industry, it is no surprise that more and more people aren't eating meat.

There are many forms of vegetarianism. When someone is vegetarian they do not eat any meat; when someone is pescatarian they don't eat meat, but they do eat fish and seafood; and when someone is vegan they don't eat meat or anything with animal products in it.

What do some university students think about this?

Becoming a vegetarian seems difficult. For Jenna Hurler, being a vegetarian would be like trying to break an addiction "I'm too used to eating meat and dairy because I've been doing it my whole life," she said.

Kristina Martinez decided to become a vegetarian 10 Thanksgivings ago when she couldn't "fathom" the fact that she was eating a dead bird. Before that, she had been contemplating becoming a vegetarian for a while.

"One thing I wish people knew is that it is so easy, especially if you're passionate about it," Martinez said. Many people are shocked and call Martinez crazy when they find out she's been a vegetarian for so long, but she doesn't care. She says one of the most positive things about being a vegetarian is effortlessly standing up for something she thinks is ethical just by what she eats.

For Raman Barker becoming a pescatarian was tricky at first because she wasn't educated on what she could replace meats with that also kept her diet healthy. She later found out there are many healthier sources of protein like pulses and nuts. "The vegan industry has made alternatives that taste just as good, without the extra garbage and fat," said Barker. She also found herself consuming a higher intake of fruit and vegetables which has strengthened her health altogether. Barker was influenced to go pescatarian because of the amount of social media posts that accumulated about dog meat being used.

Recently many documentaries have been released about the mass meat production and how those animals are treated. Stephanie Nelson, a waitress for a local farm-to-table restaurant, said she believes that these documentaries freak out many people and thinks it is largely a result of vegetarianism. Nelson is not a vegetarian herself but she believes corporations should clean up their acts when it comes to treating animals and that farm-to-table should be bigger than it is.

"They support local businesses and farms. It's clean eating so, you're not eating chickens and cows that are pumped with steroids," said Nelson. Although she isn't a vegetarian now, she could see herself becoming one later in life, but for now she will stick with bacon and hot wings.

Having a guilty conscience for many months, Daniel Defontes decided to go vegan over night. "I just felt that the more I researched it the more I learned, and the more I felt like I should try it," he said, "Once I started, I just never wanted to stop." Many people are surprised by how healthy and how muscular Defontes is when he tells them he is a vegan. He believes many people are just uninformed and need to be educated on veganism. It's a misconception when someone says being vegan is expensive; Defontes says the cheapest foods are grains, beans and produce. He explains that people have a hard time understanding why someone would go vegan. Barker has the same hard time understanding "those who make fun of the vegetarian lifestyles; I'd say they need to educate themselves."

Although there are many benefits to this lifestyle, like helping the environment and having a healthful diet, the main one seems to be saving animals. One thing Barker learned from being a pescatarian for a little over a year, was eating meat is not necessary. She says the most positive aspect of her lifestyle is not having the guilt that a living mammal had to suffer for her selfish wants and needs. For Defontes, his answer is the same: "The most positive result is the reduction in animal deaths," he said.

Michael Muff a non-vegetarian said he doesn't understand why people don't eat meat because of the inhumanity of it. "If you don't eat the meat, I will, so either way there is still the supply and demand," Muff said.

Many people have that mind-set that don't live the lifestyle; at times it's impossible to explain why being a vegetarian is important because a lot of people think it's dumb, according to Martinez.

Martinez's advice for anyone thinking about becoming vegetarian is just "do it!" It helps the environment, it's healthy, it saves animals, and it is easier than a person would think. Looking up alternatives for favorite foods is the first step to this lifestyle, according to Barker. "Just trying is better than nothing," said Martinez "There are alternative for everything, and I swear you won't miss bacon as much as you think."

By Ashleigh Shannon

Campus

Service vs therapy animals in college classes

By Alexis Rowe

Dr. Lauren Bergey, Centenary biology professor, who has a four-year-old French bulldog named Ramsey, is training him to become a therapy dog.

She recently spoke about the rules that govern which kinds of animals may accompany students on campus for therapeutic purposes. There are two categories of helpful pets on campus: Service animals are allowed anywhere, but therapy animals are not, and have to be approved by the DSO office. Their owners must also have a doctor's note proving that they need the animal.

Service animals are considered a need, while therapy animals are considered a comfort. While service animals are allowed in classrooms, the professors must take extra caution that no students are afraid of or allergic to the animal.

What if someone has anxiety and needs the comfort of an animal in order to focus in class? Dr. Bergey said she had a student in one of her classes who had such bad anxiety presenting in front of others that she had to stay after class to do her presentation privately. "She was not doing well, and she reached down to pet one of the dogs, and then her presentation skills were phenomenal," Dr. Bergey said. Sometimes it just takes something as simple and minuscule as touching an animal to ease psychological barricades.

Dr. Bergey added that experts think that eventually it will become a federal law to allow therapy animals in more situations. In order for a dog to become a therapy animal, it must get certified. Ramsey trains every week to get ready for his certification test. He needs to be able to sit and stay, lie down and stay, sit and wait 100 feet and then come to the owner, and must be able to get up on a chair so people can pet him.

Biology students come twice a week for an hour to help train the dog. Dr. Bergey got Ramsey in July and had wait six months before taking him for his test. Several students, discussing this issue, said they felt that if someone has anxiety or depression or something where the presence of an animal comforts them and helps them through difficult situations, then they should have all the right to bring them to class as long as they have permission from the professors. Luckily, Centenary University is pretty accommodating with things like that. We are lucky to be able to go to a school and be around people who are very accepting of one another.

SGA works for students and student life

By Luciana Schwab

SGA, the Student Government Association, the voice of the student body, listens to students' concerns, and celebrates successes.

They also share a connection with Hackettstown and the surrounding area towns.

There are two divisions of SGA, including the section that funds and aids all the clubs and organizations at Centenary and the SGA senators, who handle current projects.

Recently, SGA completed projects including setting up the new Commuter Lounge in the Reeves breezeway, along with cooperating with setting up the new Innovation Cave upstairs in Lackland. Currently, they are involved with multiple projects, like the coffee house, to be in the former Writing Collaboratory space across from the campus bookstore, a convenience store, and making the hours of the library and fitness center more convenient for students. SGA

is also working with the Vibe to improve its social media outreach.

The "We Proudly Serve" Starbucks was supposed to be completed this semester, but has been pushed back. Realistically, it will be completed within the next year. During the coffee house construction, the convenience store infrastructure will also break ground. The convenience store, however, won't be a finished product for several years. It will be connected to the same space as the coffee house.

SGA's Spirit Week will take place during the first week of March, before spring break, and stay tuned for more information about an Earth Day celebration.

Student Life has information regarding SGA, and applications to join. Contacts for SGA are president: Matt Drohan, executive officer of clubs and organizations: Carsen Terry, and Ally Galvin.

Omega Rho: it's back



By Boris Fabre

In January 2018, the Omega Rho fraternity was revived at Centenary University. Omega Rho fraternity, originally established at Centenary in October 1989, was involved in various aspects of campus life until 2012. The fraternity was the last to receive a charter in the state of New Jersey. Omega Rho is built on the pillars of community service and diversity.

In the fall of 2017, Boris Fabre, Franklin Funez, Justin Bundy, Brandon Bundy, and Haifa Bradford decided to add more Greek life to campus. Considering the history of Omega Rho and how they impacted the campus and the community, it was the ideal way to add another fraternity on campus.

The induction ceremony for the first class since 2010 was held on January 28 in Lackland's President's Circle. The following members were inducted: Halfia Bradford, Brandon Bundy, Justin Bundy, Boris Fabre, Franklin Funez, Jefferson Jean-Paul, and Clerson Xavier.

The fraternity is eager to be involved with other students in Greek life on campus as well as in the greater community. Omega Rho will be working with its sister sorority, OEN. The two Greek organizations have a long history on campus. Keep a watchful eye out for Omega Rho.

Campus

Seay Starbucks/Chartwells coffeehouse expected by August



Photo: D. Lev

By Kathleen Bird

Centenary University's new campus coffeehouse is expected to open in August in the Seay Administration Building, across from the bookstore, administration officials have decided.

The current coffee kiosk, Greene's Beans Café at Centenary University, was scheduled to close in December at the end of the semester but was given a last-minute reprieve and will continue to operate in the Taylor Memorial Library until the end of the spring semester this May.

Greene's Beans approached the administration and offered to remain on campus for the spring 2018 semester," said Kerry Mullins, vice-president for Student Life and Dean of Students.

Mullins said since the administration's plans for a new coffeehouse were taking more time than originally anticipated, university officials "worked with Greene's Beans to extend their contract" to ensure there was a place on campus to continue getting coffee, tea, other beverages, bagels, cold sandwiches, and snacks.

The former site of the Writing Collaboratory, which provides students writing coaching and assistance, was chosen as the best location after several options were considered, and the campus Food Committee and administration approved the plans.

The Writing Collaboratory moved to the lower floor of Seay, where Financial Aid had been located.

The university's food service vendor, Chartwells, will operate the new

coffeehouse and plans to offer an opportunity for students, faculty and staff members to purchase a limited selection of Chartwells' food and Starbucks drinks through an arrangement that will allow the food-service company to advertise that it "proudly serves Starbucks coffee."

The new coffeeshop won't be a fully franchised Starbucks store and won't have Starbucks food.

"I'd rather do our own sandwiches," said Linda Gonia, director of dining services who oversees Chartwells operation at Centenary. The cafeteria's baker was educated at the Culinary Institute of America and Gonia said she believes Chartwells can produce sandwiches that are "better quality and less cost" than Starbucks franchises offer.

Administrators and Gonia said there was a desire to have an eatery and social

gathering spot on Centenary's campus that will be open more hours than Greene's Beans has been, in the library. They also say a location in Seay will be more accessible than the library and centrally located and hopefully will become a hang out.

"What we are hoping to achieve in the coffeehouse," Gonia said, "is a warm and welcoming environment where our students (and faculty and staff for that matter) will feel comfortable to sit and study or hang out and converse with one another. My hope is that it becomes a destination, not just a place to grab a coffee or sandwich but a place to meet, sit and stay a while. Warm earth tone colors, some soft seating and the smell of coffee brewing will all lend itself to this cozy inviting location. I cannot wait for this to become a reality!"

Gonia cites a drop in faculty and staff members

eating in the cafeteria since the university eliminated the subsidized meal plan which allowed them to enjoy full meals for \$1 per person. The out-of-pocket faculty and staff cost per meal is now \$5.

The coffeeshop, which has yet to be named, is expected to allow students to be able to obtain food and drinks by swiping their Centenary identification cards and deducting from their pre-paid meal plans. Other ideas in the works are the use of Tilly Bucks, longer hours, and hot breakfast sandwiches.

Like the current Greene's Beans, the new coffeehouse won't have a full kitchen and grill with a hood because of ventilation and other construction requirements. It will be similar to how Dunkin' Donuts franchises make their breakfast sandwiches. Breakfast sandwiches have become increasingly popular and in high demand in American

society generally and among college students in particular. For instance, McDonalds has seen its launch of breakfast all-day offerings to be highly successful, and Gonia says in the Centenary cafeteria, New Jersey's signature breakfast sandwich – pork roll, egg and cheese on a hard roll – is a student favorite at any time of the day or night it's offered.

The coffeeshop will employ a patented cooking oven called TurboChef, which uses microwave power and air circulation to produce hot sandwiches quickly.

Chartwells is paying for the renovations.

Another feature in the works is something called a "Smart Mart," which is also a trend on college and university campuses nationwide. It is a small convenience/grocery store for students to purchase on-campus items to take back to their rooms or apartments to eat.

Enactus to compete in Philadelphia

By Alexis Rowe

Enactus is a social entrepreneurship society advised by Dr. Linda Poisseroux. One of Enactus' members, Mike Finelli, vice-president of publicity, described it as being an "amateur college version of Shark Tank."

Enactus makes money, but also gives back. Members are working on two very big projects right now. The first project is called Shieldz. It is essentially like a Fit Bit that Enactus is helping make available, that you wear on your wrist, that detects if you are falling asleep, and it vibrates or makes a noise to wake you up. They are mainly for people in transportation like truck drivers, pilots, etc. More than 16 percent of fatal crashes are caused by drivers falling asleep at the wheel. This is a very innovative way to keep people awake and alert.

The second project is called Chi Force, offering a sweater that has two zippers in the breast area for people who are undergoing chemo therapy for breast cancer. It makes them feel more comfortable and warm while getting their medical infusions instead of wearing a thin and revealing hospital gown. The Enactus society is going to Philadelphia to compete with anywhere from 80 to 100 colleges, in competitions that require team members to explain the group's projects and successes. If they win, they will go on to nationals in Kansas City. They present their ideas and projects in front of an audience and judges.

Last year, Enactus came in, in the top 10 percentile, and the year before that, they were in the top 16 overall. If you are interested in joining Enactus you can contact Dr. Poisseroux at poisserouxl@centenaryuniversity.edu

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Campus

This is a tough flu season!

From Theresa Lord-Stout, MSN, APN-C, Director of Health Services

The Wellness Center would like to remind you that it is not too late to get your flu vaccine!

Influenza is a highly contagious, acute respiratory illness that is characterized by high fever, chills, body aches, headache, cough, sore throat and sneezing.

Peak incidence of influenza occurs in the winter months, but can last into May.

Currently, New Jersey is experiencing high rates of flu incidence, and flu activity is expected to escalate in the upcoming weeks! Although most healthy young people will recover from the flu in several days with no complications, the flu can be devastating for the elderly, young children, and people with certain illnesses like asthma, diabetes, heart disease, or immuno-compromising conditions. In these populations, the flu can often lead to serious illness requiring hospitalization, or even death.

People infected with influenza can spread it to others up to about 6 feet away. According to the Centers for Disease Control, "most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose."

To avoid becoming infected with the flu, people should stay away from sick people and isolate themselves if they become ill. Cover your mouth and nose when sneezing or coughing.

It also is important to wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer.

Linens, eating utensils, and dishes belonging to those who are sick should not be shared without washing thoroughly first. Eating utensils can be washed either in a dishwasher or by hand with soap and water, and do not need to be cleaned separately. Further, frequently-touched surfaces should be cleaned and disinfected at home, work and school, especially if someone is ill.

The best way to protect yourself from the flu is to get an annual flu vaccine! Contrary to popular belief, the flu vaccine cannot give you the flu, since it is not made from live flu virus. It does take about 2 weeks after getting the vaccine to be protected from the flu. Flu vaccine is currently available in the Wellness Center.

Centenary University Health Center is participating in a state-wide flu challenge sponsored by the NJ Department of Health. The purpose of this challenge is to increase flu awareness and vaccination rates of college-aged young adults. Currently, Centenary University is in 2nd place among all NJ state colleges and universities participating in this challenge! Come out and help Centenary win this challenge!

The flu vaccine is administered free to full-time undergraduate students who are covered under the Student Health Insurance Plan; the fee for those not covered under the health insurance plan is \$15.00. Please call the health office at ext. 2209 to schedule an appointment to be vaccinated!

Sports Management class organizes conference with history of guiding students in the major

By Ashleigh Shannon

Centenary University is known for giving students real life experiences that will help when they begin their careers.

For the past seven years, a class of students has been putting together a Sports Management Conference that runs annually during the spring semester.

Professor David Perricone, sports management advisor and professor started this seven years ago for students to network with other students and industry professionals. According to

Amber Sporer, one of the team leaders, this conference allows the students to get practical experience in event planning.

The class starts to plan the conference in September, where they do the preplanning of the conference, according to Sporer. This semester, the class is putting in work with weekly meetings inside and outside of the class to get everything in order.

"The work will only grow from here," Sporer said. According to Nicole Cartaino, a student also planning

the event, the students invite Centenary alumni who are working in the sports field. The alumni introduce themselves and tell students about their jobs. Along with alumni there are also representatives of other companies who come to speak and share their experiences and give advice.

This year Dr. Bill Sutton, the founding director of the Vinik Sport and Entertainment Management Program at the University of South Florida will be the keynote speaker. In the past the conference has hosted Murray Cohn of MC Sports Sales

and the commissioner of the Patriots League, who have been keynote speakers.

The conference allows students to make connections and gain experience they can't access in the classroom, which is extremely important for anyone that wants to work in the sports industry. In the past, Cartaino received an internship from having made a connection at the conference, working for Rutgers University as a sales marketing intern. With Cartaino being a senior this year, she is hoping to receive a job through the conference.

"You never know whom you're talking to, so be professional at all times," is advice Cartaino gives to new students attending the conference.



The Arts

Centenary Stage Company brings all-star cast in Yasmina Reza's Tony Award winning comedy, *ART*

"Reza is a fiendishly clever writer... 'ART' sounds like a marriage of Moliere and Woody Allen..." - (Newsweek)

Written by Yasmina Reza, translated by Christopher Hampton and directed by Anne Occhiogrosso, Centenary Stage Company's mainstage theatrical season continues in the Lackland Performing Arts Center with Reza's 1998 Tony Award and 1996 Olivier Award winning comedy *Art* from February 16 through March 4. "Wildly funny, naughtily provocative..." says the NY Post, it all begins when Serge buys an expensive painting by a celebrated artist. A white canvas with white diagonal lines. Old friends square off over the canvas, using it as an excuse to hilariously batter one another over various slights and failures. *Art* is a hilarious exploration of the very notion of what constitutes art while examining the meaning of friendship. "Anyone looking for a play that is funny, sophisticated, stylish, stimulating and moving should go to 'ART'." (Independent, London).

Centenary Stage Company's *Art* is directed by nationally acclaimed artistic director, theatre director, dramaturge and acting coach, Anne Occhiogrosso. Occhiogrosso has worked with a broad spectrum of plays and scripts throughout her celebrated career but her primary focus has been the classical theater with a special emphasis on the works of William Shakespeare. She co-founded the American Players Theatre with Randall Duk Kim and Charles Bright in 1979, where she directed 16 Shakespearean productions including *Hamlet*, *The Tempest*, *Romeo and Juliet*, *A Midsummer Night's Dream*, *The Merchant of Venice*. Along with the works of Shakespeare, she has directed Goldoni's *The Servant of Two Masters*, Ibsen's *An Enemy of the People*, Chekhov's *The Bear*, *The Wedding*, *Swan Song* and performed the role of Madam Arkadina in *The Seagull*. She co-directed Moliere's *Tartuffe* and Sophocles' *Oedipus Rex* with Mr. Kim and performed the roles of Dorine and Jocasta, opposite Mr. Kim, respectively. She has studied with Morris Carnovsky and Phoebe Brand and performed the role of Anna Petrovna in a production of Chekhov's *Ivanov*. Occhiogrosso has taught acting at the Stella Adler Conservatory of Acting and the New York Shakespeare Festival and has been a guest instructor for schools throughout the country, including Centenary University. She continues to teach acting and coach individuals for auditions, character development and script analysis for film, television and theater.

With an impressive collective resume of film, television, Broadway and regional credits Centenary Stage Company's all – star cast features classical theatre giant Randall Duk Kim, Broadway veteran Kevin Carolan and CSC's very own award winning artistic director Carl Wallnau.

Commercially known for his film work as the 'Keymaker' in *Matrix Reloaded* and as the voice of Master Oogway in Dreamwork's *Kung Fu Panda* franchise, Obie Award winning Randall Duk Kim made his acting debut in 1960 and has spent most of his working life on stage. His love of the classical repertoire and an early encounter with the Shakespearian acting of Morris Carnovsky has both fired and shaped his fifty-year career. His performances in the regional theatres include seasons at the American Conservatory Theatre, the Guthrie Theater, the Arizona Theater Company, the NY Shakespeare Festival, and the American Place Theater. A full list of credits can be found at randalldukkim.com. In 1979 with Anne Occhiogrosso and Charles Bright, Mr. Kim founded the American Players Theatre in Spring Green, Wisconsin and, for over a dozen years under their leadership, offered audiences classical plays (especially Shakespeare) in a summer repertory performance schedule. During this time, Mr. Kim played the title roles in *TITUS ANDRONICUS*, *KING JOHN*, *KING LEAR* and *HAMLET* Christopher Marlowe's *TAMBURLAINE THE GREAT*, Anton Chekhov's *IVANOV*, and Sophocles' *OEDIPUS REX* as well as a host of other roles which can also be found on his website. His film credits include *PRISONERS IN TIME*, *THE REPLACEMENT KILLERS*, *LOST EMPIRE* (aka *THE MONKEY KING*), *ANNA AND THE KING*, *MEMOIRS OF A GEISHA*, *DRAGONBALL EVOLUTION*, *THE LAST AIRBENDER*, and *NINJA ASSASSIN*. TV audiences have seen Kim in, *FRINGE*, *PERSON OF INTEREST* and *ELEMENTARY*. His Broadway credits include the *THE KING AND I*, David Henry Hwang's *GOLDEN CHILD*, and *FLOWER DRUM SONG*. Mr. Kim received an Off Broadway Obie Award for "Sustained Excellence of Performance" in the legitimate theater. Last October, after a twenty – five year absence, Kim along with Anne Occhiogrosso returned to Wisconsin in *The Pleasure of his Company*, an original piece devised, written and performed by the pair to celebrate the Folger Library's national tour of Shakespeare's *First Folio*.

Award-winning actor and singer, Kevin Carolan has built a successful career over the last 25 years and has been directed by some of the most talented artists in show business, including Martin Scorese, Larry David, Tim Van Patten, Joe Mantello, Walter Bobbie, James Lapine, and Mel Brooks. He has numerous appearances on television shows such as *Orange Is the New Black*, *Curb Your Enthusiasm*, *The Middle*, *The Good Wife*, *Royal Pains*, *Spin City*, *Fringe*, *White Collar*, and the recurring role of the Barker in HBO's *Boardwalk Empire*. Kevin has also toured the U.S., Canada, Tokyo, and Dubai, U.A.E. as Amos Hart in the musical *Chicago*, and performed in historic regional theatres such as *The Goodman Theatre*, *The Huntington Theatre*, *Goodspeed Opera House*, and the *Paper Mill Playhouse*. He has appeared on Broadway in *Dirty Blonde*, *The Ritz*, *Chicago* (10th Anniversary Celebration), originated the role of Teddy Roosevelt in *Disney's Newsies! The Musical*, which he returns to in the national tour, and recently created the role of Baloo in a new adaptation of *Disney's The Jungle Book*, directed by Tony Award winner Mary Zimmerman, for which the Independent Reviewers of New England (IRNE) awarded him Best Supporting Actor in a Musical. He is also among the artists that have been drawn by world-renowned caricaturist Al Hirschfeld.

Centenary Stage Company's own award winning Artistic Director Carl Wallnau's recent acting credits include Lionel Percy in *Bakersfield Mist* (Bickford Theatre at the Morris Museum) alongside 4 time daytime Emmy Award winner Kim Zimmer, Dr. Watson in *The Hound of the Baskervilles* and Pandarus in *Troilus and Cressida* (Pennsylvania Shakespeare Festival), and Mr. Mayhew in *Witness for the Prosecution* (Bristol Riverside). He has directed numerous productions including the world premieres of *Inventing Montana*, *The Tillie Project* and *The Poetry of Pizza*, as well as, the American premiere of *A Laughing Matter* and the New Jersey premieres of *Below the Belt*, *Square One*, *Rounding Third*, *Marvin's Room* and *The English Bride*, which later transferred to NYC for a run at 59E59. Wallnau has been cited for outstanding direction in productions of *Springtime for Henry*, *Ladies Man* and *Quartermaine's Terms* among others. He has worked at numerous regional theaters including *Paper Mill Playhouse*, *The Arden Theatre*, *Second Stage in NYC*, *York Musical Theatre in NYC*, *People's Light*, *The Lark Theatre*, *The Pennsylvania Shakespeare Festival*, *Hartford Stage*, *Bristol Riverside*, *Forum Theatre*, *Premiere Stages*, *Orlando Shakespeare Company*, *Arts Center of Coastal Carolina*, *Foothills Playhouse*, *Theatre 1812 in Philadelphia*, *Barnstormers* and 14 months on the road with the *First National Tour of Titanic*. He received his MFA from Rutgers University Mason Gross School of the Arts.

Centenary Stage Company's production of *Art* runs February 16 through March 4 in the Sitnik Theatre of the Lackland Performing Arts Center. Performance dates are Fridays, February 16, 23 and March 2 at 8pm; Saturdays, February 17, 24 and March 3 at 8pm; Sundays, February 18, 25 and March 4 at 2pm; Wednesdays, February 21 and 28 at 2pm and Thursdays, February 22 and March 1 at 7:30pm. Ticket prices \$27.50 for adults and \$17.50 for children under 12 on matinee and Friday evening performances. Saturday evening performances are \$29.50 for adults and \$17.50 for children under 12. Thursday evening performances are \$27.50 for ALL SEATS with a special 'buy one/get one' rush ticket special when purchased in person at the Centenary Stage Company box office starting two hours prior to performance time. The 'buy one/get one' rush ticket special is not valid for advance ticket sales, on – line or by phone. Offer is only valid in person at the box office during the designated time and may not be combined with any other special offer or discount.

The Arts

See
write-up
of
Art on
preceding
page



Left to right: Randall Duk Kim, Kevin Carolan and Carl Wallnau Photos: Chris Young



**Students'
price: \$5 for
any
performance!**

**Faculty and
Staff
discount
applies.**

The Arts

Did you miss seeing your fellow CU students in this production?



Centenary University and Centenary Stage Company's NEXTSTAGE Repertory Centenary University and Centenary Stage Company's NEXTSTAGE Repertory presented *1984 for five days* in February in the Little Theater on campus

Based on the iconic novel by George Orwell, *1984* brings the story of Winston Smith, a cog in the giant machine state of Oceania.

Physically and mentally under the omnipresent eye of Big Brother, Winston has been caught struggling for scraps of love and freedom in a world awash with distrust and violence. A ferocious and provocative adaptation of one of the most prescient works of literature of the last century.

Centenary Stage Company's NEXTSTAGE Repertory is the student based performance division of Centenary University's Theater Department highlighting the collaboration between Centenary University and the professional Centenary Stage Company.

The cast featured Centenary University students and community members, including Nick Bettens, Justin Chumas, Janet Corry, Iyonna Cousins, Elizabeth Kennedy, Meghan Kolbusch, AJ Lewis, Emma Mason, Nadeidre Powell, Kristina Rogalski, Megan Schmiehauser, Philip Szobody; The crew featured Stephen Davis, Centenary professor, as director, and Ameer Cooper, Cina Gabel, Liz Kent, Meghan Kolbusch, Sasha Onishchuk, Anthony Raddi, Sonya Thiel, Teofilea Valencia, Benjamin Weaver, and Brianna Wistuba.

Sports

Meet our sports teams' captains

By Justin White

Nicole Cartaino, women's basketball captain

Nicole grew up in Midland Park, where she also attended high school. She has played basketball for about 15 years. Now a senior at Centenary, studying Sports Management with a concentration in Social Media, on the basketball court she wears number 50.

It all started in high school for Nicole when her old coach, who had come to Centenary, emailed her about coming to play basketball at Centenary. She decided to come and play basketball here for her four years of college.

She says the game of basketball is therapy to her, and she loves it.

What does she think makes a good captain? Leading by example. If she had to pick one word that describes a captain she said it would have to be *accountability*.

With more than half of the season completed we have a very young team and it has been a learning experience. One way to fix problems is to be completely honest with each other and be open about everything.

As a team, she said, their main goal is to make playoffs. As a captain her main goal is all about legacy. She wants people to remember her once she graduates.

When dealing with losing, she said she tries motivating her players. She makes sure every day at practice they are getting better and better, and that goes for her, as well.

When it comes to winning the team is all about superstition. The team believes in having the same pre-game ritual every time after a win.

Hamp Smith, men's basketball captain

Hamp grew up in Allentown, Pennsylvania and attended William Allen High School, and has 15 years of playing his favorite sport behind him. A senior Business Management major, he has a focus in Marketing.

It started in high school for Hamp when he got recruited to come to Centenary in a showcase game. One of the former coaches here at Centenary attended that showcase and was impressed by his skills. That is when he decided he wanted to come play basketball here. The reason he plays basketball is simple: he loves the sport.

Being a captain, he feels his main responsibility is watching out for the freshmen by keeping them the entire freshman on track on and off the court.

If he had to pick one word that describes a captain it would be *example*, and as captain, Ahe feels this has been a huge learning experience, having some players leave the team this season. When faces with issues, he says he tries to ensure they get solved right away. As a team their main goal is improvement, and as a captain Hamp's main goal is to convince players, if he can do it, then they can do it. When they hit losing streaks he makes sure he continues to motivate his players and help them bounce back from that loss. About winning? It is a great feeling to just not win one game, but to keep winning.

Spencer Stachowiak, men's lacrosse captain

Spencer grew up in Bel Air, Maryland where he attended Bel Air High School. A senior here at Centenary he has played lacrosse for about 14 years. He is a Business Administration major, with a concentration in Accounting. Spencer actually started playing baseball when he was young. One day his dad brought home a lacrosse stick, and he fell in love with the sport.

He decided to commit to Centenary University after he was scouted at a showcase, after which he got a letter asking if he wanted to come play lacrosse here at Centenary. His answer was a yes and he couldn't have been happier.

He feels being a captain is a hard job, because as a captain his main responsibility is to be a leader on and off the field, performing on the field and in the classroom and being held to a high standard.

His one word to describe a captain? *Leader*. With the season not yet begun and practices underway, he said it is good we are just getting back to the basics and fundamentals. "We are making sure our practices are

competitive, but fun at the same time," he says. Sometimes it gets way too competitive when they play six vs. six and they start to have at each other. That is when Spencer comes in and says do your job before you talk.

It is easy to talk trash, but harder to play well, and that is your job, he noted. As a team their main goal is to make the playoffs, then win the CSAC Championship. As a captain he wants to leave the program better than he found it. When it comes to losing, he and the team make sure they fix the little things, to make the big things correct. When going on winning streaks he makes sure he is hyping up the players, usually telling a story from one of the games or from his old high school coach.

Erika Bath, women's lacrosse captain

Erika grew up in Frankford, New Jersey where she attended High Point Regional High School. A senior, she has played lacrosse for about eight years. She is a Business Administration Major, with a concentration in Marketing. This is only her second year at Centenary, and had started with the Educa-

tion program, but switched to Business.

She says she plays lacrosse because she loves it. Knowing she has only been here for two years and being a captain, she believes her main responsibility is making sure all the players are happy and making sure she can be a role model for them and come talk to her when they need to talk. *Compassionate* was the one word that she used to describe as important for a captain. Preparing for their upcoming season they have a bunch of new players eager to prove themselves. As a team their main goal is to make sure everyone is having fun and communicating well.

Erika's main goal as a captain is to make sure even if they lose that everyone is having fun. She believes having a positive attitude is very important.

When it comes to losing, no one takes it lightly. Erika will talk to players individually and then as a team to make sure everything is okay. They try to forget about the game and move on from there. When it comes to winning she is the first one to congratulate them all.

The logo features the word "SPRING" in a bold, blocky, all-caps font where each letter is contained within its own square frame. Below "SPRING", the word "Sports" is written in a stylized, lowercase, cursive script font.

Sports

Profiles of campus coaches

By Justin White

Rose Haller head coach of the women's basketball team

Rose Haller grew up in Stroudsburg, Pennsylvania where she attended Lebanon Catholic High School. Before getting into coaching she played at Lebanon Catholic High School and played at East Stroudsburg University. She first coached at East Stroudsburg High School, then moved on to East Stroudsburg University, Pocono Mountain West High School, Pocono East High School and now is here at Centenary University for her second year.

During the off-season, she said, she expects her players to stay in shape and making sure they are doing their cardio. All players should be using weights and individualizing what each needs to do. As a coach, she said, there are always ways to improve coaching ability.

A huge fan of the Connecticut Huskies women's basketball team, she said is always watching their games. To stay on top of the game she is always reading about basketball, making sure she is staying current and organized. Being passionate and hungry as a coach is important to her. Her main aim as a coach is simple, to win.

Her main personal goal is to give a great experience to her players. Before stepping onto the court as a team they review the scouting report on their upcoming opponent. Then they discuss their game plan and the mental side of the game. No matter what the result is at halftime she makes sure her players are still playing hard, making adjustments going into the second half, reviewing the good and bad things and finding a way to keep her

players motivated.

At the end of each game, she gives an honest review of the game.

When it comes to losing streaks it all depends on the team and how they played. Sometimes there is fitness involved or sometimes it just involves a team meeting discussing what needs to be better. When it comes to winning, she continues to push her players. It is harder to keep up winning streaks than break losing streaks. It is not her job to motivate players; if they do not give any effort then they can sit on the bench, she said.

Through her coaching career so far, her favorite memory is winning the PSAC at East Stroudsburg University. All of her players listened to her that year and they were rewarded with a conference championship.

Matthew Klank, men's lacrosse head coach

Matthew Klank grew up in Roseland, New Jersey, where he attended Wyoming Seminary High School. Before getting into coaching, he played for four years at Wyoming Seminary High School, two years at Drexel University and two years at Montclair State. He began coaching at Montclair Kimberley Academy for two years, then Montclair State for a year, Villanova for two years, Drew for four years, and now is at Centenary.

During the off-season, he expects his players to become the best athletes they can be, which means working on conditioning and strength and working on skills to improve as a player.

The way he plans on improving year by year is

by realizing that he does not know everyone. As the head coach and a student of the game and watching as many lacrosse games as possible, he tries to be the best coach that he can be, he says. His main goal is to improve his student athletes on and off the field.

For his personal goals, he wants to maximize everything he gets out of his players. A typical pre game speech for Matthew Klank is just feeding off the moment, deciding what the plan is for that day, and reviewing the tendencies of the opponent. Minutes before the game, he gets aggressive and tries to get his team pumped up. When it comes to halftime it is all about the moment. No matter what the score is they are never focusing on it, but rather, looking at the good and bad things so they can adjust to them.

His postgame is different from that of most coaches. He decides not to say much; instead he will look at film and distribute the film to his players and looking back at the practices before the game and if they prepped the right way before the game. As with most coaches, losing streaks are not fun for coaches and players. "It all depends who we are playing," he said. "There is a difference when winning but playing the wrong way. Then there is a difference between losing and playing the right way."

When it comes to winning, Matthew Klank believes it's the same as losing streaks. You can never believe that you are as good as you think you are and never bad as you think you are.

His favorite memory as a coach was back in 2013

when his team went 14-4.

They beat a really good Scranton team and scored the game winner with 44 seconds left in the game. He was so happy for the guys and said he was able to see it in his players' faces.

He just wants his payers to be happy and get to live through those awesome moments.

Julie Moir, women's lacrosse head coach

She grew up in Eden Brook, Scotland, where she attended high school at St. Margret, Scotland, a private school. After high school she graduated from St. Luke's College, University of Exeter in England.

Before she got into coaching the game of lacrosse she also played. She had the opportunity to honor Scotland and play on the U-18 and U-21 Scotland "B" team. After that she had the opportunity to be on the Scotland National Team. Her team won a gold and bronze medal at the Europeans (alternate for World Cup in 2001).

When she decided to coach she ran the Junior Territorial Lacrosse Tournament. She was also the head coach of the U19 Scotland Women's National Lacrosse Team.

Julie Moir has also coached Tiger Junior Lacrosse, Long Valley, London Varsity Head Coach and now Centenary University.

During the off-season, she believes that her players should be conditioning and doing weight training. The way she works at improving as a coach is by attending the U.S Lacrosse Convention every year. She is always going to tournaments and watching the game of lacrosse. As a coach her main aim is to make sure the girls are enjoying the game.

Her personal goals include seeking development and motivating her players. Before a big game she focuses on key points, figuring out what will motivate her players. At halftime she focuses on what is going wrong and how to fix the small things. No matter if winning or losing at halftime, she says, the score is 0-0.

She keeps her post game speech short and simple. "When it comes to losing streaks you know when your opponent is good, and it is going to be a tough game. We just have to give it our best to win as many games as we can. If we lose we just move on. When it comes to winning, just trying to keep that x factor to winning, staying as a team not people. As a coach her favorite memory is just enjoying coaching the game of lacrosse..

