



Earn your Master's Degree in HAPPINESS Studies

Centenary University is offering a 30 credit online-only Master of Arts in Happiness Studies in partnership with The Happiness Studies Academy with Dr. Tal Ben-Shahar, a world-renowned expert in wellbeing and happiness.

The Science of Wellbeing

Graduate Students

- Understand and apply the science of happiness.
- Draw on modern research and ancient wisdom from around the world.
- Increase wellbeing—and success—in yourself, your family, clients, and colleagues.
- Lead yourself and others on the path of flourishing.



Why choose a degree in happiness?

The American workforce is currently in the midst of an era dubbed “the Great Resignation.” According to the U.S. Bureau of Labor Statistics, resignation rates rose to record levels when 4.4 million employees left their jobs. The happiness and wellbeing measurement is statistically proven to change employee retention and productivity.

Who is choosing happiness?

Leaders and managers across corporations, organizations, and educational institutions are flocking to an advanced degree in happiness. From our partners at Happiness Studies Academy, we know that most applicants for the program already have graduate degrees. This highly-educated group of advanced learners recognize that a modern workforce is changing and that they need to ready their companies to be in lock-step with employee expectations for better employee retention and better shareholder value.



Questions? Contact:

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