## CENTENARY UNIVERSITY COVID-19 PROTOCOLS

#### **Definition of Terms:**

Isolation: What you do when you test positive for COVID-19 or have COVID like symptoms

Quarantine: What you may need to do when you have been in close contact with someone who has COVID-19

Well-Fitting Mask: N95, KN95, or Surgical Mask

Up To Date: A person has received ALL recommended COVID-19 vaccines, including any booster dose(s) when eligible Cluster/ Outbreak: 3 or more positive COVID-19 cases among students, faculty, or staff which onsets within a 14-day period, who are epidemiologically linked

- Once an outbreak is identified at an IHE, testing is an important addition to rapid case investigation and contact tracing
- Quarantine may be recommended by health care provider

Higher education-associated cases: COVID-19 cases among students, faculty, or staff, who are linked to the school community by activities such as: a) attending in-person classes. b) participating in school-affiliated extracurricular events. c) residing or working on campus. d) residing with or attending social events with other students or staff who are part of the school community

Close contact: Being within 6 feet of someone with suspected or known COVID-19 for 15 or more minutes during a 24-hour period. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors

#### **Outbreak**

- Centenary Health Office is required to report any campus outbreak and collaborate with the Warren County and New Jersey State Departments of Health
- · Once an outbreak is identified, serial testing is an important addition to rapid case investigation and contact tracing and may be required.
- The University reserves the right to cancel or postpone any campus activity or impose any closures in the event of an outbreak on campus.

### If you have been exposed to COVID-19:

- START Precautions immediately.
- Wear a mask as soon as you find out you were exposed.
- Start counting from Day 1 (the first full day after your last exposure)
- Continue precautions for 10 full days.
- You can still develop COVID-19 for up to 10 days after you have been exposed.
- Wear a high-quality, well-fitting mask or respirator any time you are around others inside your home or indoors in public.
- Do not go places where you are unable to wear a mask. For travel guidance, see CDC's Travel webpage.
- Take extra precautions if you will be around people who are more likely to get very sick from COVID-19.
- If you develop symptoms, isolate and get tested immediately.
- Stay home until you know the result.
- Even if you don't develop any symptoms, get tested on day #6 after exposure.

## If you are diagnosed positive:

- Should notify the Centenary Health Office ASAP at extension 2209.
- Please upload a copy of your COVID test results to the student health portal. Lab reports or pictures of a home test labeled with the student's name and date are acceptable.
- The Centenary Health Office will then notify the Office of Student Life who will advise students' professors of their isolation period. Students should also reach out to their professors for further class instructions.
- Follow isolation protocol as outlined.
- Students must be cleared by the Centenary Health Office before they can return to campus and campus activities. Any Student in isolation will be called by the Centenary Health Office on DAY 6 to ascertain their clearance status.
- NOTIFY ALL OF YOUR CLOSE CONTACTS AS SOON AS POSSIBLE AFTER LEARNING YOUR RESULTS.

# **COVID-19 ISOLATION**

The Date you test positive or the day you first feel symptoms Day 0: Stay home on days 1,2,3,4,5 AND UNTIL CLEARED BY THE CENTENARY HEALTH OFFICE

Day 6:

Day 6 with **NO FEVER** AND your symptoms are gone or getting better:

You may discontinue isolation IF **CLEARED BY THE** CENTENARY **HEALTH OFFICE** 

Day 6 WITH FEVER or your symptoms are not getting any better:

Stay in isolation and wear a well-fitting mask until fever is gone and symptoms are getting better AND UNTIL CLEARED BY THE **CENTENARY HEALTH OFFICE** 

Day 11: Resume normal activities **IF** your fever is gone and symptoms are greatly improved.



This protocol is subject to change based on factors such as the status of the COVID-19 pandemic and guidance from governmental authorities.

Consequence for Noncompliance: Students and employees who do not comply with the additional protocols outlined will face disciplinary action through the University conduct process.